The White Town
by the Sea
A trip to Heiligendamm is an unforgettable experience at any time of the year. Away from the major motorways, flower meadows and centuries-old avenues of lime trees line the route to Heiligendamm for miles. You soon sense a salty tang in the air and how everyday life seems to become ever more distant in this unique landscape.

Impressively framed by the sea, coast and dense beech forests, the Grand Hotel Heiligendamm radiates a bright light in its historical setting. It is no accident that Heiligendamm has long been called the „White Town by the Sea“. But it’s more than just that: it is a world of its own. A world without compare.
In 1793, Grand Duke Friedrich Franz I of Mecklenburg-Schwerin took the advice of his personal physician, Prof. Dr Samuel Gottlieb Vogel, and bathed at the „Heiliger Damm“ or „Holy Dam“ on the Baltic coast, thus marking the birth of Germany's first seaside health resort. Since its beginnings, Heiligendamm has always been Germany's most elegant seaside resort. This is where the high nobility of Europe and the Tsar's family spent their summer holidays. Heiligendamm was an exclusive seaside resort with many prominent guests and, for the society of the time, it was seen as fashionable to have visited it at least once in a lifetime. After three years of true-to-detail reconstruction, the
Grand Hotel Heiligendamm re-opened on 1 June 2003, ringing in the rebirth of Germany’s oldest seaside health resort. Six hotel buildings in the neo-classical style and unique historical villas form a chic place where you can find new inspiration for your body, mind and soul along with time for leisure and rest.
Gourmets will enjoy real culinary pleasure in the White Town by the Sea. The elegant Kurhaus Restaurant offers creative cuisine using fresh ingredients from the surrounding region. As we always desire to be able to spoil you with food of the highest quality and freshness, we source many of our ingredients, such as our breakfast eggs, from sustainable sources. For those wishing to savour masterful creations, there’s the gourmet restaurant „Friedrich Franz“, which has been awarded a Michelin star. Enjoy sushi, sashimi and a variety of soups and salads in our sushi bar while enjoying a fantastic view of the Baltic Sea. And while you are there, refresh yourself with an Asian beer, a glass of sake or one of our excellent Asian cocktails. Our Nelson Bar in the Grand Hotel building offers
speciality teas and coffees, home-made cakes, fine fondues, Indian curries, hearty grilled specialities as well as live music in the evenings. Experience culinary art at the seaside while enjoying atmospheric barbecues or a romantic dinner on the beach.
Time to dream
The Grand Hotel Heiligendamm has a total of 181 rooms, 61 of them suites, with a view of either the Baltic Sea or the scenic park. Top quality beds with first-class mattresses and individual pillows ensure you get a wonderfully healthy and relaxing night's sleep.

With loving attention to detail, all rooms unite modern luxury and timeless elegance. The light gives everything a bright and airy atmosphere: hand-crafted fabrics made of the finest materials, furniture made of select natural woods and baths made of natural stone. The muted colours of the rooms pick up on the play of colours of the natural landscape in Heiligendamm: the sea, sand and woods.
„Heic Te Laetitia Invitat Post Balnea Sanum.“ – Pleasure awaits you here once you emerge from the healing baths.“ The Latin inscription on our Kurhaus has testified to the bathing tradition of the White Town by the Sea since the 18th century. Let yourself be spoilt, breathe deeply and feel your everyday life just slip away. Immerse yourself into the feel-good atmosphere of our Heiligendamm SPA. Our 3,000 m² large SPA area in the „Severin Palais“ offers exclusive treatments to make you feel good, healthy and beautiful.
Treat yourself to a relaxing break in our sauna area with a Finnish sauna, organic sauna, steam bath and the Baltic Sea hammam. Relax in our spacious pool area and enjoy our extensive range of beauty and fitness offers. Buy a day ticket (valid from 7 a.m. to 10 p.m.), and you can use our Day SPA area without having to stay overnight. Our professional staff will show you how to harmonize your body, mind and soul. Furthermore experience authentic yoga with our yoga master.
Leisure Activities for Children and Adults

Heiligendamm offers a wide range of leisure facilities and activities for people of all ages. Get your „Platzreife“, your licence to play on German golf courses, at the Ostsee Golf Resort Wittenbeck and experience an exciting round of golf while enjoying the view of the Baltic Sea. Horse-lovers can choose from a wide range of options such as riding lessons, rides or horse-drawn carriage rides at the nearby riding camp Börgerende. Look forward to the Segelschule Heiligendamm sailing school and obtain your official licence for recreational boats during your stay here. The kite and surf school of Heiligendamm, romantic cruises, exciting trips with our Frauscher 686 LIDO and fast speed boat trips on the Baltic
Sea also await you. Walking and cycling tours with GPS navigation are available on request and round off the diverse range of leisure activities. We can also provide you with various games. Whether you like boccia, croquet, Kubb ("Viking chess"), table tennis, table football or billiards - look forward to a lot of fun and entertainment during your holiday - whatever the season.
Limitless Adventure
The Polar Bear Kids' Club of the Grand Hotel Heiligendamm is where children's dreams come true, because here the little ones have their own children's villa. The Kids' Club team and mascot „Paul the Polar Bear“ look forward to welcoming all children over three years of age. Three floors with different „worlds of adventure“ on each one, surrounded by its own garden with a swing, slide, sandpit, table football and table tennis games offer children of every age enough space to run around, play and just daydream. Jungle adventures await the youngest children on the ground floor and one floor above there's the Wild West with a choice of costumes and the „Sheriff's House“. In the attic, the infinite universe awaits explorers in the imaginatively designed space shuttle with PlayStations and its own cinema. A varied range of activities such as our football camp, a literature workshop for children, creative workshops, pony riding and exciting trips to places in the region ensure that our younger guests will never get bored.
Culture beside the Sea
Be our guest and experience both national and international authors, musicians and artists at first hand. The programme offers readings and conversations with famous authors, celebrities and actors, a summer-time open-air cinema showing classic films and fabulous **White Nights** on the beach, concerts with young talents as well as concerts with renowned musicians that will transport you into the world of classical music and jazz.

With the **Freitagskonzerte am Heiligen Damm** (Friday concerts), the concerts of the **Festspiele MV** festival, **carte blanche für die hmt** with music students and the seaside jazz festival **Jazz am Meer**, we would like to give you some exceptional concert experiences. Heiligendamm is an ideal place for art and culture. Enjoy a top-class range of events in a unique ambience at any time of the year.
The right Setting for every Event

If you want a very special place for your conference, family celebration or dream wedding, you could not choose a better venue than the White Town by the Sea. Rooms and outdoor spaces with an exceptional ambience and the latest conference technology await you at the Grand Hotel Heiligendamm. With its dream location beside the Baltic Sea coast and surrounded by dense beech forests, our hotel offers not just the right conference packages but also nature and relaxation and thus perfect peace so you can concentrate. Your conference will have its best chance of success here: the fresh Baltic Sea breeze will give you new vision and inspire creative ideas.
Hotel Information

Getting Here
- By car: A19/20, Bundestrasse 105
- By airplane: Rostock-Laage (40 km),
  Hamburg-Fuhlsbüttel (160 km), Berlin Tegel (220 km),
  Rerik-Zwedorf airfield (20 km)
- By helicopter: hotel grounds (0 km),
- By train: Bad Doberan main station (5 km) or
  Rostock main station (23 km)
- Transfer service on request

Rooms and Suites
- In total: 181 rooms, 61 of them suites (30 m² – 100 m²)
- Marble bath with underfloor heating, shower and
  bath tub, hair-dryer, make-up mirror
- Wi-Fi, TV, DVD player, Sky TV, direct dial telephone
- Air-conditioning, room safe, minibar

Services
- Limousine service
- Valet parking
- 24-Hour room service
- 24-Hour concierge service
- Free use of the 3,000 m² large Heiligendamm SPA
- Air-conditioning in all in guest rooms
- Free daily newspaper
- Free Wi-Fi in room
- Baby-sitting service
- Kids' Villa on 3 floors with supervision (as of the age of 3)
- Laundry and shoe shine service
- Free Wi-Fi in the public areas
- Free loan of DVDs
- Bicycle and e-bike rental service
- Beach chair rental service
- Dog-sitting service

Events
- Historic ballroom, 250 m² and with 9 m high ceilings
- 10 conference rooms ranging from 51 m² – 250 m²
- Conferences for up to 150 people
- Festive dinners for up to 250 people
- Receptions for up to 300 people
- Catering service for up to 500 people
- Modern conference technology, technicians on request